

Presentation Skills

Intensive Masterclass

29th November 2018



Bridge's Proven 5P Model

This course is underpinned by various Emotional Intelligence touch points and modeled using Bridge's proven 5P model to Presenting;

- Practice
- Present
- Playback
- Pause
- Perfect

Course Description

This course has been carefully crafted to allow you to tap into your full potential and bring the authentic you to life for your audience. We believe that there is a great presenter in all of us, and tapping into your inner dialogue and heightened levels of self-awareness are the first steps to feeling free in front of your audience.

The course will be a blended balance between behavioural sciences, self-discovery and practical tips that can be utilised both on and off stage. It will explore best practice in presenting, motivating an audience and dealing with difficult people. Delegates are asked to come with an open mind, set personal goals and experience break-through moments over the day.

Course Content

- Find your authentic style and build on it with confidence
- Life is a stage – utilising the techniques actors use to focus
- Managing your self-talk and what it is really saying
- Finding the confident you from within and unleashing your presentation style
- Building your personal brand and deciding how you want to be remembered
- NLP basics, and the Look, Sound and Feel factors of communication
- Self-awareness - see what your audience sees
- State management - see the 'future you' and live it
- Know your tells and consciously manage them in real time
- The power of storytelling and the science behind its benefits
- Connection between mind and body - flow, freedom and fun
- The basics of first impressions: volume, humour, stance and introduction
- The differences and similarities between training and presenting

Your facilitators

Dale Smith, Creative Director at Bridge is an NLP Master Practitioner and international keynote speaker. He has vast experience in facilitation and presenting to groups of all sizes and his unique style is motivational and thought-provoking.

Phil K. Matthews is a producer/director in film and media, and co-founder of Electric Elephant Productions. He was an actor for over 20 years and works with clients on breathing techniques, mindset, stage presence and storytelling.

Who should attend

Whether it is a presentation to your team, board or hundreds of delegates at a conference, the Bridge interactive approach works for all levels of presenters. From the novice with nerves to the more experienced presenter looking to take their skills to the next level - this masterclass will allow you to learn, practice and perfect in a safe and encouraging environment.

When

Thursday 29th November 2018
9:30am - 4:30pm

Where

Central London
United Kingdom

How much

£349 + VAT | Regular ticket price

Includes training material and refreshments

Discounts available for multiple bookings, contact info@insidebridge.com

Contact

0207 720 9933

insidebridge.com

info@insidebridge.com

Bridge - your course providers

As a bespoke people agency, we work in partnership with our clients to create branded learning solutions that make a real difference to the engagement of their people. From branding, internal campaigns, training and people development to events; everything we do is carefully designed to get inside the DNA of a business. We link brand, employee behaviour, beliefs and actions to drive an outstanding customer experience. We listen to the voice of an organisation, gain insights, build storyboards and use in-house creative talent to match the needs of our clients.